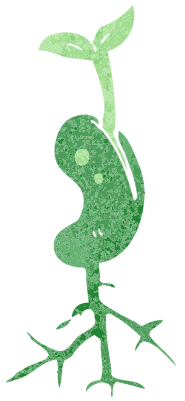


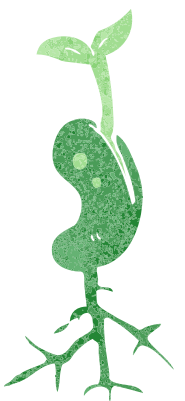


## SUCCESSFUL DECISION-MAKING



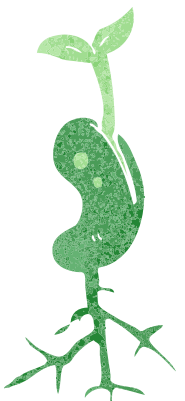
- What consequences will my actions have on myself and others?
- How can I solve my problems creatively?

## RELATIONSHIP SKILLS



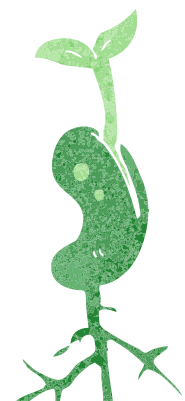
- How can I communicate my needs to other people in a positive way?

## SOCIAL AWARENESS



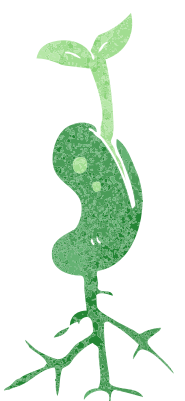
- How can I better understand people's thoughts and feelings?
- How can I adjust my actions so that my interactions with others turn out well?

## SELF MANAGEMENT



- What different responses do I have to an event?
- What tools can I use to respond to an event as positively as possible?

## SELF AWARENESS



- What are my thoughts and feelings?
- What causes those thoughts and feelings?
- How can I express my thoughts and feelings respectfully?